

Skin as an Expression of the Middle Jiao: A TCM Aesthetic Model

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Presentation Description: This session presents the hepatoprotective effects of total flavones from *Abelmoschus manihot* (L.) Medik. [Malvaceae] (TFA) against Metabolic-associated fatty liver disease (MAFLD). Using multi-omics, animal and cell models, we demonstrate that TFA inhibits PI3K/AKT/mTOR signaling to activate autophagy, reducing hepatic lipid accumulation, inflammation, oxidative stress and fibrosis, supporting TFA as a potential candidate for MAFLD treatment.