



BAD ZURZACH
WFAS | 4STC | ICAA 2026



WFAS 2026 INTERNATIONAL SYMPOSIUM ON ACUPUNCTURE-MOXIBUSTION

4TH SCIENTIFIC TCM CONGRESS - 2026 International Conference on Acupuncture for Aesthetics and Longevity (Switzerland)

WFAS 2026 INTERNATIONAL SYMPOSIUM ON ACUPUNCTURE-MOXIBUSTION

STU University Building · Room 1

大学教学楼 · 1 号厅

Seminar 2 *TCM in Action: From Brain to Bone — Clinical Innovations*

Bad Zurzach, Switzerland · 14 August 2026

► FRI 14 AUG · 星期五 · Friday Morning

Time 时间	Speaker 主讲人	Presentation 主题
08:10–08:30	Donghui Chen Larsen	Using Four Pillars (Ba Zi) & Acupuncture to Rescue Critically Ill Patients Deemed Incurable
08:30–08:50	Deng Xinyi 鄧欣怡	Regulating Brain, Calming Spirit, Inducing Sleep: Integrative View of Acupuncture for Anxiety & Insomnia
08:50–09:10	Mauro Cucci	An Integrated Neurophysiopathology & TCM Model for Diagnosis & Treatment of Mood Disorders
09:10–09:30	Céline Guangxu Desault	The 'Third Channel' of Moxibustion — 2018 & 2025 Research Reports
09:30–10:10	☕ Coffee Break	
10:10–10:30	Xu Jie	Acupuncture in Three-Stage Syndrome Differentiation for Depression
10:30–10:50	Saikumar Gandapodi	Integrative Ophthalmology & Netra Restoration Therapy (NRT): Retinal & Optic Nerve Health
10:50–11:10	Zhou Yu 周钰	Treating Sequelae of Cerebrovascular Diseases with Spatio-Temporal Acupuncture & Nail Therapy
11:10–11:30	Zhang Ziyu	Guilu Erxian Jiao for Knee Osteoarthritis: A Systematic Review & Meta-analysis

Speaker Details — Room 1 (Friday)

Dr. Donghui Chen Larsen

From: Nordic Academy of Traditional Chinese Medicine (President); Danish Association of Traditional Chinese Medicine and Acupuncture (Honorary President); Senior Academic Advisor, Quanzhou Association for the Promotion of Traditional Chinese Medicine, Fujian Province, China

Presentation: *Using Four Pillars (Ba Zi) and Acupuncture to Rescue Critically Ill Patients Deemed Incurable by Western Medicine.*

Dr. Donghui Chen Larsen has established six clinics and founded the Nordic Academy of Traditional Chinese Medicine in Denmark since 1995, where she teaches acupuncture in English. She earned her Doctorate in Oriental Medicine in the United States in 2004, and her doctoral dissertation, "Disease Prediction with the Four Pillars," was published in Hong Kong in 2006. Her clinical approach uniquely utilizes the Ba Zi (Four Pillars of Destiny) system to diagnose internal organ imbalances, combined with acupuncture and Chinese patent medicine to treat complex conditions. She is particularly renowned for successfully treating intractable infertility, having helped bring 214 babies into the world over her 30-year career. Her presentation bridges ancient Chinese astrological diagnostics with clinical acupuncture to address severe pathologies often considered untreatable by conventional Western medicine.

鄧欣怡 Deng Xinyi

From: Ming Yi Huai En Tang (明醫懷恩堂) United Clinic System, Taiwan; Beijing University of Chinese Medicine

Presentation: *Regulating Brain, Calming Spirit, Inducing Sleep: Integrative View of Acupuncture for Anxiety & Insomnia*

Deng Xinyi is the Director (院長) of Ming Yi Huai En Tang United Clinic System (明醫懷恩堂聯合院系) in Taiwan. She holds a Master's degree from Beijing University of Chinese Medicine (北京中醫藥大學). She has served as President of the Taoyuan Primary Care Medical Association (桃園基層醫療協會會長), Secretary-General of the TCM Pharmaceutical Quality Medical Society (中醫藥品質醫學會秘書長), and Lecturer at multiple medical societies including the Huangting Medical Society (黃庭醫學會), Hepatic Disease Medical Society (肝病醫學會), Anti-Aging Medical Society (抗老醫學會), and the Integrated Chinese-Western Neurology Medical Society (中西醫結合神經醫學會). She served as Director and Instructor of the Northern Region Responsible Physician Training Programme, and Lecturer at Yang-Ming Medical College Institute of Traditional Medicine (陽明醫學院傳統醫學研究所). She currently serves as Board Member (理事) of the Cancer Medical Society, Hepatic Disease Medical Society, and the Integrated Chinese-Western Medicine Society.

Dr. Mauro Cucci, MD

From: Italian Advanced School of Acupuncture; AIAM (Associazione Italiana di Agopuntura Medica); Sapienza University, Rome, Italy

Presentation: *An Integrated Neurophysiopathology & TCM Model for Diagnosis & Treatment of Mood Disorders*

Dr. Mauro Cucci is a Medical Doctor, Neuropsychiatrist, Psychotherapist, Acupuncturist, Homeopath, and Phytotherapist from Milan, Italy. He serves as the AIAM (Associazione Italiana di Agopuntura Medica) Lombardia Region Representative. He is the Founder, Director, and Teacher of the Italian Advanced School of Acupuncture, Teacher at the Acupuncture School of AIAM, and Teacher for lessons and seminars of the Master post-degree programme on Acupuncture and TCM at Sapienza University, Rome, Italy. His presentation introduces an integrated model combining neurophysiopathological mechanisms with TCM diagnostic and treatment frameworks for mood disorders, bridging Western neuroscience with classical Chinese medical theory to offer a comprehensive approach to conditions such as depression, anxiety, and bipolar spectrum disorders.

Prof. Céline Guangxu Desault

From: Nanjing University of Chinese Medicine (Doctorate); Xiamen University (Diploma); Centre de Santé de Taiji, Scotland; Confucius Institute Alsace, France

Presentation: *The 'Third Channel' of Moxibustion — 2018 & 2025 Research Reports*

Prof. Céline Guangxu Desault holds a Doctorate in Traditional Chinese Medicine from Nanjing University of Chinese Medicine and a Diploma in TCM from Xiamen University. She also obtained a Diploma in Psychosomatic Medicine from the University of Paris VI and a Certificate from the French National Council for Kinesitherapy (FFK). She specializes in medicinal Qi Gong, Moxibustion, Acupuncture, and Tuina. She serves as President of the Centre de Santé de Taiji in Scotland and is a Professor of Traditional Chinese Medicine and Acupuncture. She is the successor of the 13th generation of the Xinglin Yujia (杏林虞家) lineage, representing a distinguished heritage of TCM transmission and practice. She teaches medical Qi Gong and lectures at the Confucius Institute in Alsace. Her presentation explores the concept of the 'Third Channel' of Moxibustion — an innovative theoretical framework positioning moxibustion as a distinct therapeutic channel alongside acupuncture and herbal medicine within the classical TCM triad — presenting research findings from 2018 and 2025.

Xu Jie

From: TCM Zentrum Xu, Switzerland

Presentation: *Acupuncture in Three-Stage Syndrome Differentiation for Depression*

Dr. Xu Jie is a TCM specialist focusing on the treatment of depression and mood disorders through acupuncture combined with three-stage syndrome differentiation (三期辨证). Her approach systematically addresses depressive conditions through a phased framework: (1) Identifying the primary syndrome pattern — particularly Liver Qi stagnation as the core pathomechanism; (2) Differentiating secondary patterns — including Qi deficiency, Blood stasis, Phlegm-Dampness accumulation, or Heart-Kidney disharmony; and (3) Individualized treatment planning — selecting acupuncture point prescriptions, stimulation techniques, and combined therapies tailored to the patient's evolving condition across acute, stabilization, and maintenance phases. Her clinical and research work integrates classical TCM theory with modern neurobiological findings on serotonin, BDNF, cortisol regulation, and hippocampal neuroplasticity.

Dr. Saikumar Gandapodi

From: Netra Eye Institute, Central New Jersey, USA

Presentation: *Integrative Ophthalmology & Netra Restoration Therapy (NRT): Retinal & Optic Nerve Health*

Dr. Saikumar Gandapodi is the Founder of Netra Eye Institute, a unique center in Central New Jersey dedicated to restoring vision naturally through integrative and holistic eye care. The institute integrates evidence-informed biomedical science with Traditional Chinese Medicine (TCM) and Ayurveda to address the root causes of complex eye diseases. His proprietary Netra Restoration Therapy (NRT) is a specialized treatment designed to enhance retinal and optic nerve health through reduced intra-ocular pressure and increased ocular blood flow. The institute's approach encompasses TCM Ophthalmology & Herbal Medicine (utilizing herbs from Chinese and Ayurvedic Materia Medica with antioxidant and anti-inflammatory properties), Ayurveda Ophthalmology (Shalakya Tantra — a specialized branch for diagnosing and managing ocular disorders), and Acupuncture Ophthalmology (using acupuncture to reduce IOP and increase ocular blood flow supporting the retina and optic nerve). NRT treats a wide range of conditions including Retinitis Pigmentosa, ARMD (Dry & Wet), Diabetic Retinopathy, Glaucoma, Optic Nerve Atrophy, Optic Neuritis, Stargardt Disease, Macular Dystrophy, and many others.

Zhou Yu 周钰, Chief Physician

From: Shenzhen Baoan Pure Traditional Chinese Medicine Treatment Hospital, Guangdong, China; Guangzhou University of Chinese Medicine

Presentation: *Treating Sequelae of Cerebrovascular Diseases with Spatio-Temporal Acupuncture & Nail Therapy*

Prof. Zhou Yu is the Leading Expert and Chief Physician (主任医师) at Shenzhen Baoan Pure Traditional Chinese Medicine Treatment Hospital, Doctoral Supervisor, and Postdoctoral Collaborative Supervisor. She serves as the Leading Expert in Meridianology of the Acupuncture discipline at Guangzhou University of Chinese Medicine and as Executive Dean of Shenzhen Qi Huang Academy (深圳市岐黄学院). She is an Academic Successor of Time-Space Acupuncture (时空针灸学术传承人), Successor of the Leshan Sanjiang Academic School of Shanghan (乐山三江伤寒学术流派传人), and the Leading Expert of the Tai Yi Tong Du Therapy method (太乙通督疗法). She was recognized as a Shenzhen Pengcheng Talent (深圳市鹏城优才) and serves as Expert Evaluator for the National Natural Science Foundation of China. With 25 years of clinical acupuncture experience, she has dedicated her career to research on the combination of acupuncture and herbal medicine for treating cerebrovascular diseases, pediatric cerebral palsy, stubborn facial paralysis, insomnia, anxiety, depression, infertility, refractory neck/shoulder/lumbar/leg pain, and rheumatoid bone disease. She has published over 80 papers in core journals (including 2 SCI papers), authored 9 monographs, and co-edited 7 national planning textbooks (13th and 14th Five-Year Plans). She has directed or participated in over 20 provincial/ministerial-level research projects, supervised 2 National Natural Science Foundation projects, and holds 4 patents. She received the Second Prize of the Scientific and Technological Innovation Award from the China Medical Education Association and currently serves as Vice Chairman of the First Committee of the Rheumatology and Immunology Branch of the Chinese Acupuncture Society.

Zhang Ziyu

From: Keelung Chang Gung Memorial Hospital, Taiwan

Presentation: *Guilu Erxian Jiao for Knee Osteoarthritis: A Systematic Review & Meta-analysis*

Dr. Zhang Ziyu is a TCM physician and researcher affiliated with the Department of Traditional Chinese Medicine at Keelung Chang Gung Memorial Hospital, Taiwan. He also serves as President of the Keelung Chinese Medicine Association and as a board member of the National Union of Chinese Medicine Associations. His specialties include joint degeneration and pain management, scalp acupuncture for headache, insomnia, and anxiety, as well as Chinese herbal research on hepatitis, fatty liver, and cirrhosis. His systematic review and meta-analysis investigates the efficacy and safety of Guilu Erxian Jiao (龜鹿二仙膠, GEJ) — a classical TCM formula composed primarily of tortoiseshell and antler — in the treatment of knee osteoarthritis. GEJ is traditionally used to nourish Liver and Kidney, strengthen tendons and bones, and replenish Essence and marrow. Previous clinical studies have shown that GEJ treatment can significantly improve lower limb muscle strength, reduce articular pain, and decrease disability in elderly patients with knee OA.