



BAD ZURZACH
WFAS | 4STC | ICAA 2026



WFAS 2026 INTERNATIONAL SYMPOSIUM ON ACUPUNCTURE-MOXIBUSTION

4TH SCIENTIFIC TCM CONGRESS - 2026 International Conference on Acupuncture for Aesthetics and Longevity (Switzerland)

WFAS 2026 INTERNATIONAL SYMPOSIUM ON ACUPUNCTURE-MOXIBUSTION

STU University Building · Room 2

大学教学楼 · 2 号厅

Seminar 3 *The Art & Science of Acupuncture: Techniques & Mechanistic Insights*

Bad Zurzach, Switzerland · 14 August 2026

► FRI 14 AUG · 星期五 · Friday Morning

Time	Speaker	Presentation
08:20–08:40	Qian Hong Qian	Spatio-Temporal Acupuncture Nazi Method for Microcirculation Disorders
08:40–09:00	Wang Ying 王迎	Operational Standards of Heating & Cooling Needling Techniques
09:00–09:20	Kang Zhen 康贞	Electroacupuncture at 'Siguan' Alleviates Post-Stroke Depression via ER Stress-Induced Apoptosis
09:20–09:40	Sheng Liu	A Top-Down Neural Circuit for Affective-Motivational Pain Relief Induced by Electroacupuncture
09:40–10:00	Ye Chengyuan 叶成源	Inheriting the Chinese Treasure — the Golden Needle Technique
10:00–10:20	☕ Coffee Break	
10:20–10:40	Haihe Tian 田海河	Special Acupuncture Protocol for GI Disease
10:40–11:00	Chen Decheng 陈德成	Operative Techniques of Dongjin Needling for Pain
11:00–11:20	Mehmet Tuğrul Cabioğlu	Application of Acupuncture & Stem Cell Products via Pharmacopuncture Method
11:20–11:40	Chun Yu Lai	Modulation of Tumor Growth via Electroacupuncture-Induced Upregulation of Cannabinoid Receptors 1 & 2
11:40–12:00	Gorkem Tuncay	Acupuncture & the Management of Menopause Symptoms: Slowing the Ageing Process?

Speaker Details — Room 2 (Friday)

Qian Hong Qian

From: 巴黎钱宏中医诊所 (Paris Qian Hong TCM Clinic); 法国时空针灸研究院 (France Spatio-Temporal Acupuncture Research Institute)

Presentation: *Spatio-Temporal Acupuncture Nazi Method for Microcirculation Disorders*

Qian Hong Qian is the Founder of Qian Hong TCM Clinic in Paris, France (巴黎钱宏中医诊所), and the France Spatio-Temporal Acupuncture Research Institute (法国时空针灸研究院). With over 35 years of experience in acupuncture, naturopathy, osteopathy, and massotherapy, she has treated thousands of patients with a reported efficacy rate exceeding 98%. She specializes in Spatio-Temporal Acupuncture and its application to microcirculation disorders, utilizing chronotherapeutic principles combined with meridian theory to optimize blood flow at the capillary level. Her clinical expertise spans fertility, menstrual disorders, facial paralysis, tinnitus, allergic rhinitis, sleep disorders, and cosmetic acupuncture — all informed by her understanding of micro-circulatory dynamics and their relationship to systemic health. Her presentation introduces the Nazi Method (纳子法), a time-based acupuncture technique that selects points according to the Heavenly Stems and Earthly Branches system to treat microcirculation disorders.

Wang Ying 王迎

From: Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), United Kingdom

Presentation: *Operational Standards of Heating & Cooling Needling Techniques*

Wang Ying is a TCM acupuncture specialist affiliated with the Association of Traditional Chinese Medicine and Acupuncture UK (ATCM), focusing on the standardization and clinical application of classical needling techniques. Her presentation addresses the operational standards of Heating Needling (烧山火) and Cooling Needling (透天凉) techniques — two of the most sophisticated compound manipulation methods in traditional acupuncture. These techniques, rooted in the Neijing and refined through centuries of clinical transmission, aim to tonify Yang and clear Heat respectively through specific combinations of needle depth, respiration coordination, and directional manipulation. Her work contributes to establishing reproducible, evidence-informed protocols for these historically challenging techniques, bridging classical skill transmission with modern clinical standardization requirements.

Kang Zhen 康贞

From: Second Affiliated Hospital of Hunan University of Chinese Medicine (湖南中医药大学第二附属医院), Hunan, China

Presentation: *Electroacupuncture at 'Siguan' Alleviates Post-Stroke Depression via ER Stress-Induced Apoptosis*

Kang Zhen is a researcher at the Second Affiliated Hospital of Hunan University of Chinese Medicine (湖南中医药大学第二附属医院), specializing in the neurobiological mechanisms of electroacupuncture for post-stroke depression (PSD). Her research investigates how electroacupuncture at the "Siguan" points (四关穴 — Hegu LI4 and Taichong LR3) alleviates depressive symptoms following cerebrovascular events through modulation of endoplasmic reticulum (ER) stress-induced apoptosis. The Siguan combination is one of the most classical and widely-used point pairings in acupuncture, known for its powerful regulatory effects on Qi and Blood circulation. Her mechanistic research demonstrates that electroacupuncture at these points can inhibit the ER stress-apoptosis pathway (involving GRP78, CHOP, and caspase-12), thereby protecting hippocampal neurons from programmed cell death and improving depressive behaviors in post-stroke models.

Sheng Liu

From: Shanghai University of Traditional Chinese Medicine (上海中医药大学), Shanghai, China

Presentation: *A Top-Down Neural Circuit for Affective-Motivational Pain Relief Induced by Electroacupuncture*

Sheng Liu is a neuroscience researcher at Shanghai University of Traditional Chinese Medicine (上海中医药大学), investigating the central neural mechanisms underlying electroacupuncture analgesia. His presentation reveals a top-down neural circuit responsible for the affective-motivational dimension of pain relief induced by electroacupuncture — moving beyond the traditional sensory-discriminative model. This research identifies specific descending pathways from cortical and subcortical structures (including the anterior cingulate cortex, prefrontal cortex, and periaqueductal gray) that modulate pain perception not merely at the sensory level but at the emotional and motivational components of the pain experience. His work provides mechanistic evidence for why electroacupuncture can simultaneously reduce pain intensity and pain-associated negative affect, anxiety, and avoidance behaviors.

Ye Chengyuan 叶成源

From: Switzerland; formerly China Academy of Chinese Medical Sciences (中国中医科学院), Beijing

Presentation: *Inheriting the Chinese Treasure — the Golden Needle Technique*

Ye Chengyuan is a hereditary disciple of the Ye family's Golden Needle Technique (叶氏金针), daughter of the renowned acupuncturist Ye Xinqing. She observed acupuncture from a young age and graduated from Chengdu College of Traditional Chinese Medicine in 1976. She studied the Golden Needle technique under her uncle Ye Deming, and later returned to Beijing to train with her brothers Ye Chengliang and Ye Chenggu, her sister-in-law Han Biying, and her father's distinguished students Xu Chengqiu and Zhang Darong. She served as the first Head of the Acupuncture Department at Wanjing Hospital of the China Academy of Chinese Medical Sciences (中国中医科学院望京医院) and was a main lecturer for international training programs at the Institute of Acupuncture and Bone Injury. From 2001 onwards, she worked in the United Kingdom and Switzerland. From 2005 to 2019, she established and directed a Traditional Chinese Medicine clinic at the State Hospital of Ticino in Switzerland — a pioneering integration of TCM within the Swiss public hospital system. She formerly served as President of the Swiss Chinese Association of Traditional Chinese Medicine. The Ye family Golden Needle Technique is characterized by its emphasis on achieving De Qi through subtle hand methods, the integration of mind-intention (意念) with physical manipulation, and its effectiveness in treating complex and recalcitrant conditions. Now retired, she continues to transmit this classical art — one of China's intangible cultural heritage practices in TCM — to the next generation.

Prof. Haihe Tian 田海河, Ph.D.

From: American TCM Association (ATCMA); Beijing University of Chinese Medicine; Florida, USA

Presentation: *Special Acupuncture Protocol for GI Disease*

Prof. Haihe Tian is a Medical Doctor (China), Ph.D. in Traditional Chinese Medicine from Beijing University of Chinese Medicine and Pharmacology (31st doctoral graduate), and Professor. He serves as President of the American TCM Association (ATCMA, 全美中医药学会), Chairman of the TCM American Alumni Alliance (TCMAAA), President of the Beijing University of Chinese Medicine American Alumni Association, and Clinical Distinguished Expert and Guidance Specialist at the American TCM Center. He is an NCCAOM examination expert, Executive Board Member of the American Association of Oriental Medicine (AAAOM), Vice President of the World Federation of Chinese Medicine Societies (世中联) Supervisory Board, and Chief Translator of the WFCMS "Internal Medicine" textbook. He previously served as Academic Dean, Clinical Director, and Professor at a TCM school in Tampa Bay, Florida. He has treated over 100,000 patients across China and America since 1997, authored or co-authored 60 professional articles and 20 medical books, and delivered over 300 CEU seminars at national and state conferences. His presentation introduces specialized acupuncture protocols for gastrointestinal diseases including Crohn's disease and ulcerative colitis.

Prof. Chen Decheng 陈德成

From: 美国中医针灸传承学会 (American TCM Acupuncture Heritage Society), USA

Presentation: *Operative Techniques of Dongjin Needling for Pain*

Prof. Chen Decheng is a renowned acupuncture expert and the developer of Dongjin Needling (动筋针法), an innovative acupuncture technique specifically designed for the treatment of musculoskeletal pain conditions. He is affiliated with the American TCM Acupuncture Heritage Society (美国中医针灸传承学会) and has extensive clinical and teaching experience in North America. Dongjin Needling — literally "Moving Sinew Needling" — integrates classical Chinese sinew channel (经筋) theory with modern understanding of myofascial anatomy, trigger points, and biomechanics. The technique involves specific needle manipulations performed while the patient actively or passively moves the affected joint or muscle group, creating a dynamic interaction between the needle stimulus and tissue mechanics. This approach is particularly effective for chronic pain, sports injuries, tendinopathies, and conditions resistant to conventional acupuncture treatment.

Prof. Dr. Mehmet Tuğrul Cabioğlu

From: Başkent University Faculty of Medicine, Ankara, Turkey; WFAS Executive Committee Member; Founder, Turkish Pharmacopuncture Association

Presentation: *Application of Acupuncture & Stem Cell Products via Pharmacopuncture Method*

Prof. Dr. Mehmet Tuğrul Cabioğlu graduated from İstanbul University Cerrahpaşa Faculty of Medicine in 1983 and completed acupuncture training at the China Academy of Traditional Chinese Medicine (1990–1991). He obtained his

Ph.D. in Physiology from Konya Selçuk University Faculty of Medicine (2002) with research on weight loss through acupuncture stimulation in obese individuals. He joined Başkent University Faculty of Medicine in 2007, where he established the Acupuncture Treatment Unit and was promoted to Full Professor in 2017. In 2015 he founded the Center for Traditional and Complementary Medicine Practices at Başkent University. He serves as a Member of the Turkish Ministry of Health Acupuncture Scientific Board (since 2000) and the Traditional and Complementary Medicine Scientific Board (since 2017), Vice President of the Ankara Acupuncture and Complementary Medicine Association, Member of the WFAS Management Board, Founder and Board Chairman of the Turkish Pharmacopuncture Association (Farmakoakupunktur Derneği), and Editor-in-Chief of "Ankara Akupunktur ve Tamamlayıcı Tıp" journal. He has over 50 publications in SCI and international indexed journals and has organized 10 congresses and symposiums on acupuncture and complementary medicine.

Dr. Chun Yu Lai

From: Department of Chinese Medicine, Hualien Tzu Chi Hospital, Taiwan

Presentation: *Modulation of Tumor Growth via Electroacupuncture-Induced Upregulation of Cannabinoid Receptors 1 & 2*

Dr. Chun Yu Lai is a TCM physician and researcher at the Department of Chinese Medicine, Hualien Tzu Chi Hospital, Taiwan. He specializes in the neurobiological and immunological mechanisms of electroacupuncture, with particular focus on the endocannabinoid system (ECS) and its role in pain modulation and tumor biology. His published research has demonstrated that electroacupuncture can modulate inflammatory mediators including Substance P, IL-1 β , IL-8, IL-10, and TNF- α , and that these effects are partially mediated through cannabinoid receptor signaling pathways. His current presentation investigates how electroacupuncture induces upregulation of both Cannabinoid Receptor 1 (CB1) and Cannabinoid Receptor 2 (CB2), and how this upregulation modulates tumor growth through anti-inflammatory and immunomodulatory mechanisms involving the p38 MAPK pathway. This research opens new avenues for understanding electroacupuncture as a potential adjunctive therapy in oncology through endogenous cannabinoid system activation — without the psychoactive side effects associated with exogenous cannabinoid administration.

Dr. Gorkem Tuncay

From: Inonu University, Faculty of Medicine, Department of Reproductive Endocrinology & Infertility, Turkey

Presentation: *Acupuncture & the Management of Menopause Symptoms: Slowing the Ageing Process?*

Dr. Gorkem Tuncay is a physician at Inonu University Faculty of Medicine, Department of Reproductive Endocrinology & Infertility in Turkey. She specializes in the application of acupuncture for women's health and age-related conditions, combining her expertise in reproductive endocrinology with traditional acupuncture approaches. Her presentation examines the evidence for acupuncture in managing menopausal symptoms — including hot flushes, night sweats, insomnia, mood disturbances, and cognitive changes — and explores whether these interventions may have broader implications for slowing aspects of the ageing process. Drawing on both TCM theory (Kidney Yin-Yang balance, Chong-Ren meridian regulation) and modern research on acupuncture's effects on the hypothalamic-pituitary-ovarian axis, neuroendocrine regulation, telomere biology, and cellular senescence markers, her work bridges the classical understanding of Tiangui (天癸) decline with contemporary anti-ageing science.
