



BAD ZURZACH
WFAS | 4STC | ICAA 2026



WFAS 2026 INTERNATIONAL SYMPOSIUM ON ACUPUNCTURE-MOXIBUSTION

4TH SCIENTIFIC TCM CONGRESS - 2026 International Conference on Acupuncture for Aesthetics and Longevity (Switzerland)

WFAS 2026 INTERNATIONAL SYMPOSIUM ON ACUPUNCTURE-MOXIBUSTION

STU University Building · Room 3

大学教学楼 · 3 号厅

Seminar 1 *Bridging TCM & Modern Medicine: Integrative Frontiers*

Bad Zurzach, Switzerland · 13–14 August 2026

► THU 13 AUG · 星期四 · Thursday Afternoon

Time 时间	Speaker 主讲人	Presentation 主题
14:00–14:20	Claus Muss	Optimizing TCM with Modern Biomolecular Diagnostics: Functional Selection of Medicinal Mushrooms for Biological Immunotherapy
14:20–14:40	Ling Lin	Feiteng Bafa in Sleep Disorders / Guiding Role of TCM Full-Diagnosis in Acupuncture Practice
14:40–15:00	Teresa Rogl	The Role of Dental Medicine in Biological Medicine: The Paracelsus Model & the Mi-System as Integrative Communication Domain
15:00–15:20	Yuwen Koo	Roots & Resonance: Integrating TCM Food Therapy with Whole-Food Plant-Based Nutrition
15:20–15:40	M. Sook Ching Gebauer	Excursion in Yin-Yang Harmony & the Mathematical Art of Numbers
15:40–16:00	Weimin Zhu	Geometry of the Human Body and the 3C Pain Relief Technique
16:00–16:20	☕ Coffee Break	
16:20–16:40	Nils Thoennissen	The Future of Healing: Exosomes, Mitochondria, and the Rise of Regenerative Medicine
16:40–17:00	Eileen Huang	The Glymphatic System in the Lens of TCM
17:00–17:20	Jamie Boyd	Compassionate Care in the Clinical Moment: Becoming a Great Doctor
17:20–17:40	Sonja Lewandowski	Biological Medical Nutrition: Traditional Healing Systems & Modern Metabolic Science
17:40–18:00	Jin Zhang 张瑾	火针配合刺络拔罐治疗皮肤病临床应用探析 Clinical Application of Fire Needle plus Collateral Puncture & Cupping for Dermatoses

Speaker Details — Room 3 (Thursday)

Dr. med. Claus Muss

From: Paracelsus Klinik, Lustmühle (Teufen), Switzerland

Presentation: *Optimizing Traditional Chinese Medicine with Modern Biomolecular Diagnostics: Functional Selection of Medicinal Mushrooms for Biological Immunotherapy*

Dr. Claus Muss is a Medical Doctor and specialist at the Paracelsus Klinik in Lustmühle (Teufen), Switzerland — one of Europe's leading centers for biological medicine, founded over 60 years ago. He specializes in biomolecular diagnostics and biological immunotherapy using medicinal mushrooms (Mykotherapie). His work bridges Traditional Chinese Medicine and modern biochemistry, applying functional mushroom selection — including Ling Zhi (Reishi) and other species valued for their immunomodulatory, anti-inflammatory, antioxidant, and antitumorigenic properties — based on individualized diagnostic profiles. He conducts seminars on Mykotherapie that teach from both TCM and conventional biochemical perspectives, training physicians and therapists in advanced mushroom-based treatment protocols.

Prof. Lin Ling

From: Swiss TCM University, Bad Zurzach; Distinguished Professor, Guangzhou University of Chinese Medicine; Visiting Professor, Yunnan University of Chinese Medicine; Chinamedica Center for Chinese Medicine, Switzerland

Presentation: *Feiteng Bafa in Sleep Disorders / Guiding Role of TCM Full-Diagnosis in Acupuncture Practice*

Prof. Lin Ling is a Professor at the Swiss University of Traditional Chinese Medicine, specializing in TCM Anthropology, Classical Chinese Health-Preservation Theory, and Time-Space Acupuncture. She holds the position of Distinguished Professor at Guangzhou University of Chinese Medicine and serves as Visiting Professor at Yunnan University of Chinese Medicine. She is also a practicing TCM physician at the Swiss Chinamedica Center for Chinese Medicine. In clinical practice, she is specialized in the application of Qi-transformation acupuncture and Time-Space acupuncture for preventive medicine as well as for the treatment of complex and difficult conditions across multiple medical fields. In Switzerland's sports community, she is widely recognized as the "acupuncturist who helps produce Winter Olympic champions." She is a co-translator of the Chinese-German edition of the WHO Standard Acupuncture Point Locations and a member of the editorial board of several academic works, including the Emei Medical School Series. Her current research focuses on multi-center, single-blind, randomized controlled clinical trials investigating the efficacy of the Feiteng-Bafa (Flying-Soaring Eight Methods) of Time-Space Acupuncture for the treatment of insomnia, conducted primarily at the Chongqing Traditional Chinese Medicine Hospital's Acupuncture Department and Sleep Center.

Teresa Rogl

From: Paracelsus Klinik, Lustmühle (Teufen), Switzerland

Presentation: *The Role of Dental Medicine in Biological Medicine: The Paracelsus Model & the Mi-System as Integrative Communication Domain*

Teresa Rogl is a Dentist (Zahnärztin) at the Paracelsus Klinik in Teufen, Switzerland, working within the clinic's pioneering biological dentistry department. The Paracelsus dental team integrates oral health with whole-body biological medicine through a three-pillar approach: (1) Toxin elimination — removing metals and other toxins from the oral cavity; (2) Functional correction — addressing dental dysfunctions that can cause back pain, muscular problems, and hip issues; and (3) Silent inflammation — treating chronic, subclinical oral inflammations that burden the immune system leading to fatigue, energy loss, and mood disturbances. Her presentation introduces the Mi-System as an integrative communication domain connecting dental medicine with the body's broader biological regulatory networks.

Yuwen Koo, DAOM (cand.)

From: Five Branches University, San Jose, CA, USA; Nanjing University of Chinese Medicine

Presentation: *Roots & Resonance: Integrating TCM Food Therapy with Whole-Food Plant-Based Nutrition*

Yuwen Koo is a Doctoral Candidate in Acupuncture and Oriental Medicine (DAOM, expected December 2026) at Five Branches University, San Jose, California. She holds a Bachelor of Medicine in Traditional Chinese Medicine from Nanjing University of Chinese Medicine (2019–2024) and completed a Medical Sciences summer program at the University of Oxford (2024). She completed clinical internships at Jiangsu Province Hospital of TCM (Endocrinology Department) and Nanjing Hospital of Traditional Chinese Medicine (inpatient and outpatient settings). She served as Volunteer Acupuncturist at Alameda County Behavioral Health, providing acupuncture treatment and psychological counseling to elderly populations. She placed 4th at the "Taste of California" Creative Herbal Culinary Contest and participated in the 2025 China-US Youth Science and Technology Exchange and the 2025 Yang Jizhou Acupuncture International Camp. She is fluent in Mandarin Chinese and Min Nan Dialect with intermediate French.

M. Sook Ching Gebauer, TCM-Spezialistin (Arztdiplom CN)

From: Praxis CHINGCURA, Zürich; Ming Dao AG, Bad Zurzach; Swiss TCM Uni; Zurzach Care

Presentation: *Excursion in Yin-Yang Harmony & the Mathematical Art of Numbers*

Margaret Sook Ching Gebauer is a TCM Specialist (Arztdiplom CN) with over two decades of clinical and academic experience. She studied TCM at Bio Medica/TCM Forum Olten and Beijing University of TCM (1992–2010) and is currently enrolled in the PhD Program for Classical Formulas at Nanjing University of Chinese Medicine (since 2019). She holds a B.A. in German Studies (summa cum laude, with Distinction Prize in German Literature) from Hamline University (1975) and an M.A. in Linguistics from Cornell University (1978). She is Owner of Praxis CHINGCURA in Zürich (since 2003), TCM Physician at Ming Dao AG Bad Zurzach (since 2017), Hospital Specialist for TCM at Zurzach Care Dättwil/Baden (since 2018), and Lecturer in TCM-Tuina at Swiss TCM Uni (since 2021). She previously served as Chief TCM Physician and Qi Gong/Taiji instructor at TCM Praxis Rammerbühl Schaffhausen, and TCM Instructor at Bio Medica Basel/Zürich and Triemli Hospital Nursing School (1998–2020). She is a Board Member of ZG-TCM (since 2000) and regularly publishes specialist articles in TCM journals. Her published books include "The Miracle of Chinese Characters" (2010, English translation of Prof. Chen Ruixiang's Hanzi Qiji) and "Tuina Essenz" (Bio-Medica Verlag, 2013).

Dr. Weimin Zhu 朱卫民

From: International Association of Natural Health (IANH), Geneva, Switzerland; formerly Xi'an Red Cross Hospital, China & CH Annecy-Genevois, France

Presentation: *Geometry of the Human Body and the 3C Pain Relief Technique*

Dr. Weimin Zhu graduated from the Faculty of Medicine of Shaanxi University of Chinese Medicine (1984) and subsequently obtained two Master's degrees in Biomedical Sciences and Biomechanics from Claude Bernard University Lyon 1 and Aix-Marseille University, France. He passed the French national clinical physician qualification (M.D.) and holds a license to practice medicine in France. He previously served as Attending Physician in Orthopedics and Traumatology of TCM at Xi'an Red Cross Hospital, China, and as Orthopedic Surgeon at CH Annecy-Genevois, Saint-Julien-en-Genevois Hospital, France. He is the President of the International Association of Natural Health (IANH) and Editor-in-Chief of its website (santemtc.com). He serves as instructor for IANH, two TCM schools in Lyon, and the Geneva Center for Traditional Medicine and Integrative Health. He is accredited by ASCA (Switzerland) and registered in Geneva for clinical TCM including acupuncture, herbal medicine, dietary therapy, Tuina, and electroacupuncture. In 2024, he was honored as "Distinguished Overseas Master of Traditional Chinese Medicine." He is the inventor of the 3C Rapid Pain Relief Technique and author of 11 published books in French, English, and Chinese — three of which have been collected by the National Library of France as part of humanity's permanent cultural heritage. His books were prefaced by Prof. Lin Rongsheng, Vice President of WFAS and WFCMS. He has presented the 3C Technique internationally at symposia in Stockholm (2025), New York, Lyon, and Canada (2026).

Prof. Dr. med. Nils H. Thoennissen

From: Onkologie am Lenbachplatz, Munich, Germany; formerly University Hospital Münster & Klinik Kloster Paradiese

Presentation: *The Future of Healing: Exosomes, Mitochondria, and the Rise of Regenerative Medicine*

Prof. Dr. med. Nils H. Thoennissen is a board-certified specialist in Internal Medicine, Hematology, and Oncology and Founder of "Onkologie am Lenbachplatz" in Munich, a private practice focused on integrative oncology. He studied Medicine at the University of Münster, Cardiff University School of Medicine (Wales), and Johannes Gutenberg University Mainz, completing his doctoral thesis summa cum laude in 2005. He received his Habilitation (venia legendi) in Experimental Hematology from the University of Münster in 2012, with research on molecular and clinical changes in Acute Myeloid Leukemia. He held a DFG Research Fellowship at Cedars-Sinai Medical Center / UCLA in Los Angeles (2008–2010) under Prof. H. Phillip Koeffler. He served as Chief Medical Director at Klinik Kloster Paradiese (2015–2017), building one of Germany's first clinics for integrative oncology, and later as Chief Physician at Klinik St. Georg, Bavaria (2017–2018). He is a member of the American Society of Hematology (ASH) and the German Society for Hematology and Medical Oncology (DGHO). His research group "Epigenetics in Cancer and Infection" explores the intersection of precision medicine and regenerative approaches.

Eileen Wei Huang, LAc, DAOM (cand.)

From: Five Branches University, San Jose, California, USA

Presentation: *The Glymphatic System in the Lens of TCM (從中醫視角看腦淋巴系統)*

Eileen Wei Huang is a Licensed Acupuncturist (LAc) and Doctoral Candidate in Acupuncture and Oriental Medicine (DAOM) at Five Branches University, San Jose, California (since September 2024). Her research interests include the correlative interpretation of TCM meridian theory with modern anatomy and neuroscience, the glymphatic system and cerebrospinal fluid circulation through the lens of TCM theory, brain metabolic waste clearance mechanisms during sleep and related TCM literature studies, and the theoretical exploration of cervical meridians and convergent acupoints in relation to brain function. Her conference paper "The Glymphatic System in the Lens of Traditional Chinese Medicine" (《從中醫視角看腦淋巴系統》) is co-authored with Prof. Samson Cheung (LAc, DAOM, PhD) of Five Branches University.

Dr. Jamie Boyd, DAOM, L.Ac.

From: Whole Family Wellness Center, San Diego, CA, USA; Five Branches University & Yosan University

Presentation: *Compassionate Care in the Clinical Moment: Becoming a Great Doctor*

Dr. Jamie Boyd holds a Doctorate of Acupuncture and Oriental Medicine (DAOM, 2021) and a Master of Science in Traditional Oriental Medicine (MSTOM, 2006). She is the Owner of Whole Family Wellness Center in San Diego, where she has practiced family medicine since 2006, treating patients of all ages from 1 day old to 110 years. Her clinical rotations include Rady's Children's Hospital (Oncology & Pain Management), San Diego Hospice, Gerontology Clinic at UCSD, and Gynecology/Pediatrics at the TCM University Hospital in Chengdu, China. She served as Wellness Coordinator for the Carlton College Buddhist Studies Program in Bodhi Gaya, India (2019). Her doctoral capstone — "The Art of Doctoring: Manifestations of Compassion in Modern Multimodal Clinical Doctoring Inspired by the Sage Physician in Classical Chinese Medicine" — is an IRB-approved study, from which she developed a training program to promote compassionate clinical doctoring and reduce physician burnout. She serves as Adjunct Professor for the DAOM Program at Yosan University and Five Branches University.

Dr. rer. nat. Sonja Lewandowski, PhD

From: Paracelsus Academy, Lustmühle, Switzerland

Presentation: *Biological Medical Nutrition: Traditional Healing Systems & Modern Metabolic Science*

Dr. Sonja Lewandowski is the Director of the Paracelsus Academy and an expert in nutritional physiology, lifestyle medicine, and microbiome science. Her academic background encompasses Biochemistry, Physiology, and Nutritional Sciences from the University of Cape Town. Her postdoctoral research covered kidney stone formation, microbiome science, and lifestyle-related diseases. She is the author of 10 peer-reviewed scientific publications and has been honored with three scientific awards for her research. As Director of the Paracelsus Academy, she combines deep specialist knowledge with practical approaches to promote healing processes and healthy living in the spirit of Biological Medicine. Her focus lies on integrating scientific excellence with holistic treatment strategies to offer clinically relevant, future-oriented health solutions.

Jin Zhang 张瑾

From: Beijing Chaoming Clinic (北京朝明诊所), Beijing, China; Beijing University of Chinese Medicine

Presentation: 火针配合刺络拔罐治疗皮肤病临床应用探析 — *Clinical Application of Fire Needle plus Collateral Puncture & Cupping for Dermatoses*

Jin Zhang is a TCM Physician at Beijing Chaoming Clinic (北京朝明诊所), a community-based TCM clinic specializing in combined acupuncture-herbal treatment and fire needle therapy for skin diseases. She graduated from Beijing University of Chinese Medicine and trained under the renowned veteran TCM physician Prof. Yang Guang (杨光教授) of the Acupuncture Department at Xuanwu TCM Hospital, where she systematically studied fire needle and acupuncture diagnostic techniques. Her core expertise is fire needle therapy (火针) for dermatological conditions including herpes zoster and postherpetic neuralgia, cystic/nodular acne, neurodermatitis, flat warts, alopecia areata, chronic eczema, and psoriasis (stationary phase). Her technique is characterized by rapid efficacy, low recurrence rates, minimal steroid use, and minimal trauma. She also practices comprehensive TCM including acupuncture, bone-setting (正骨), internal medicine, and gynecological/pediatric conditions. She is proficient in the combined fire needle + collateral puncture and cupping therapy (火针 + 刺络拔罐联合疗法), with a deep understanding of both the classical TCM mechanisms (fire-dispersal, qi-blood warming, dampness-drying, wind-expelling) and modern mechanisms (anti-inflammatory, immunomodulatory, microcirculation improvement, skin barrier repair, neuroprotection). Her clinical philosophy centers on treating both root and branch (标本兼顾), harmonizing internal and external approaches (内外同调), supporting the upright and dispelling evil (扶正祛邪), offering steroid-free TCM solutions for recurrent, painful, and disfiguring skin conditions.
